

# GENERAL RULES AND REGULATIONS

# EXOTIC GENERATION **2025**

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## **EXOTIC GENERATION IS:**

Exotic Generation is an international competition of exotic pole dance, whose founder is Tatiana Marsheva, from Russia.

The Swiss edition is organized by Gaia Susanna Valparaiso and Simona Marchi, that already planned several pole dance competitions in Switzerland.

Our goal is to make athletes all over the world express themselves in the most personal and original way, in order to bring out their essence and let everyone enjoy a real great show! Unleash their imagination with the common goal of unity for this incredible dance.

This competition is open to competitors of any nationality who are or are not part of public or private sports organisation.

**The competition will be on Saturday 03.05.2025.**

## **LOCATION:**

Sala Aragonite  
Via ai boschetti 10  
6928 Manno, Ticino  
Switzerland

## **CONTACTS:**

General info, applications and signed documents at:

[exoticgenerationswitzerland@gmail.com](mailto:exoticgenerationswitzerland@gmail.com)

WhatsApp contact: Gaia

+39 327 127 7584

**ONLY WHATSAPP MESSAGE**

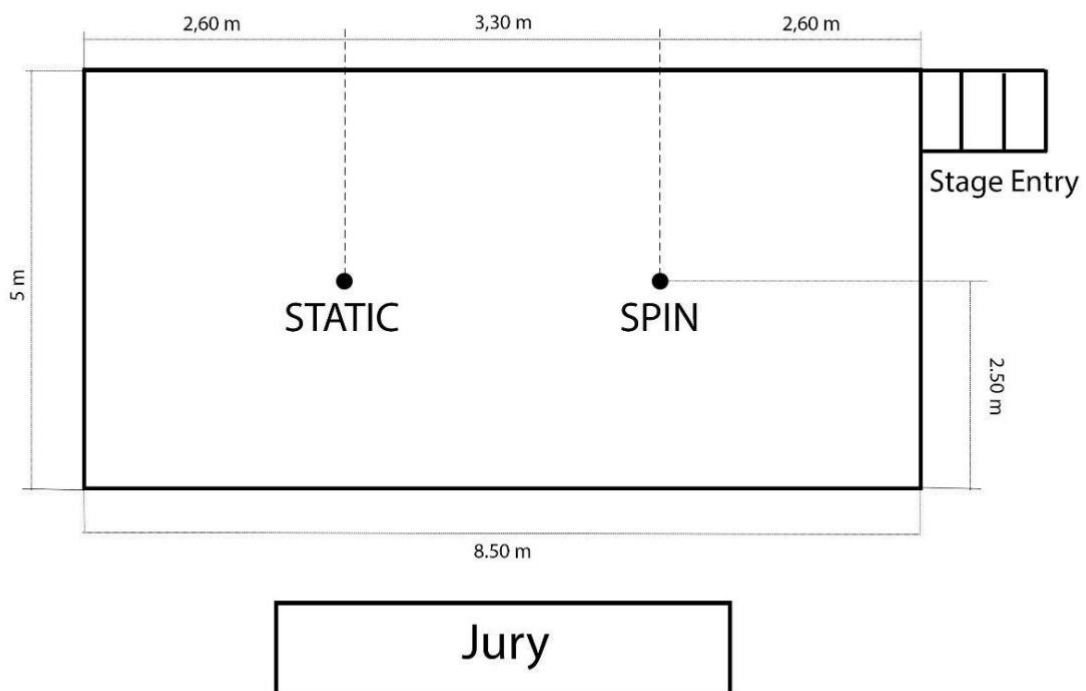
Instagram: [exotic\\_generation\\_switzerland](https://www.instagram.com/exotic_generation_switzerland)

## STAGE DESCRIPTION:

The poles are 4 meters high and 45 millimeters diameter.

The layout of the poles cannot be changed: the view from the jury is static pole on the left and spin pole on the right, also for doubles categories.

The stage is raised above the floor and is 1 meter and 30 centimeters high.



## **CHECK-IN:**

**Check-in must be made at least one hour before your performance.**

**If you have not checked-in within one hour of your performance, you will be considered withdrawn.**

### OPENING:

- Thursday 01.05.2025 from 15.00 to 18.00
- Friday 02.05.2025 from 09.00 to 17.00
- Saturday 03.05.2025 from 07.30

### DOCUMENTS TO BE PROVIDED ON SITE:

- Identity document
- Valid health insurance document
- Valid sports medical certificate (if not provided, a signed self-certification of good health will be accepted)

## **VIDEO SELECTION:**

The selection is necessary in order to admit people who reflect the characteristics of this competition as much as possible.

The videos sent for selection will be displayed and then deleted, all in full respect of the athlete privacy.

Following the results of the video selection, the list of participants that will held at the Exotic Generation Switzerland 2025 will be announced by mail and published on social media.

**All the athletes who participated in the last EG24 edition do not have to pass the selection by sending the video entry, but directly paying the entire registration fee! they have direct access to the competition.**

To participate at EG25 you need:

- 1.** Fill in the registration form correctly, and send it to [exoticgenerationswitzerland@gmail.com](mailto:exoticgenerationswitzerland@gmail.com)
- 2.** Pay the video entry fee (25€);  
In case you pass the video selection you must pay the reminder contribution, which will be communicated by mail.

In case of non admission at the competition, the payment of the video selection will not be refunded.

## SUBSCRIPTION FEE:

### APPLICATION DEADLINE – 31.01.2025

Single athlete	€ 130 (25€ video selection + 105€ if selected)
Double	€ 165 (25€ video selection + 140€ if selected)
Group	€ 85 each (25€ <u>once</u> and 85€ each if selected)
Prop	€ 20 each
Coach	€ 20
Battle (for participants EG25)	€ 15
Battle (for athletes that perform Battle only)	€ 25 (no video entry requested)
Entry ticket full day	€ 30
Entry ticket half day (from 14.00)	€ 20

### PAYMENT METHODS:

PAY PAL: <a href="https://www.paypal.me/egswitzerland">https://www.paypal.me/egswitzerland</a>	PAYPAL REFERENCE: EG, Name, Surname, Category
BANK TRANSFER:  IBAN: IT 73 H 03069 335211 000000041 56 Gaia Susanna Valparaiso Via Bruno Buozzi 58 20037 Paderno Dugnano (MI)	BANK REFERENCE: EG, Name, Surname, Category

The subscription fee has to be paid within 5 days of registration confirmation.

Late payment will result in a -5 points of penalty in the final evaluation and non-payment will result in the cancellation of the registration.

In case the athlete is unable to participate for any reason, the subscription fee will not be refunded. Once the maximum number of participants per category has been reached, the organization reserves the right to close registrations before the deadlines.

If the minimum number of participants is not reached by the closing date for registration, the organisation reserves the right to cancel the competition.

In this case the entire registration fee will be refunded.

## **MUSIC:**

Music track in MP3 file, must be sent by mail to [exoticgenerationswitzerland@gmail.com](mailto:exoticgenerationswitzerland@gmail.com) and must be named as follows:

**EG24, NAME and SURNAME, CATEGORY.**

- Specify if the start of the choreography is on stage, on the pole or backstage
- The music can be original or edited track; for example a mix of two or more songs
- The organisation will not be held responsible for the copyright or reasons of anyone who claims rights to the videos and/or the music. The participant themselves will be held directly responsible for those problems
- Length: minimum 2.30 minutes, maximum 5 minutes
- **If the music is sent after the deadline there will be a deduction of -5 points in the final evaluation**
- Every athlete must bring a USB with only their music track on it
- **Music deadline: 31.03.2025**

## **STAGE COSTUME:**

- Clearly showing brands as advertisement during the competition routine is not allowed
- Stage costume, make up and hairstyle must be consistent with the theme of the performance
- Nudity is strictly forbidden, but only nipple covers are accepted
- It's allowed to wear any kind of shoes with any type of heels
- The costume details and the shoes cannot be provided with sharp details or materials that can damage the poles or the dance floor
- Props and extras are allowed

## **STAGE REHARSALS:**

The stage rehearsals are on thursday 01.05.2025 from 15.00 to 20.00 and have to be booked at [exoticgenerationswitzerland@gmail.com](mailto:exoticgenerationswitzerland@gmail.com)

## **AWARDS:**

Ceremony will take place on the stage at the end of the competition.

The first place winner of each category will be awarded with a cash prize.

## **CATEGORIES:**

### ● **FRESH NEW FACE:**

this category is suitable for amateur athletes who have recently practiced this sport and have basic pole dance skills but are NOT teachers or instructors.

They can have competed, but never obtained any of the three places of the podium.

Any style is accepted, with or without storytelling.

WHO DOES NOT RESPECT THESE RULES AND HAS AN OBVIOUSLY HIGHER LEVEL AND HAS IN ANY CASE REGISTERED IN THE AMATEUR CATEGORY, WILL BE MOVED IN A HIGHER CATEGORY WITH A PENALTY OF -15 POINTS DEDUCTION.

### ● **NEW FACE:**

this is the category for advanced athletes that already competed and won amateur categories, but never won any place of the podium in advanced categories.

Any style is accepted, with or without storytelling.

### ● **SHOW GROUP:**

Groups or duets can take part in this category.

Here we want to see a "real show" without rules and restrictions!

Minum 2 people, maximum 8

### ● **EXOTIC THEATRE:**

This category is for participants who want make a real theatre show.

This performance needs a story to tell, with more elaborate image and screenplay.

### ● **FLOW:**

This category does not require hard pole tricks, they are just an accent in the whole dance composition. The main attention is given to "near pole" choreography, which includes poses, footpaths and floorwork.

### ● **OLD SCHOOL:**

This is a style that is returning to the roots of exotic pole dance. The main attention is given to sensuality, femininity and passion!

Classic in all its best!!

### ● **HARD:**

Spark off tricks and choreography as much as you can and dance cool as mad!!

Your tricks have to be orchestric and we have to see an outstanding show, not a set of just different elements on the pole.

Image, idea and composition are important!

### ● **EXOTIC EROTIC:**

This category is for dancers who want to show their sensuality on the verge of provocation:

- you can remove panties (there must be a special pad that covers intimate parts)
- It is allowed to perform bare-chested
- Direct physical contact of a sexual nature is prohibited between two or more performers, any imitation of sexual act must be performed and not real.
- It's forbidden to put any objects in intimate parts of the body.

**Props are not allowed to perform at the pole.**



## **EXOTIC BATTLE:**

It's a freestyle competitive method (battle), that takes place one-on-one, with a knockout format.

The competitor performs for 30 seconds to the music chosen by the organizer.

The elimination is direct, and the winner is chosen by the intensity of the audience's applause and it will be measured by a sound level meter.

### **CATEGORIES:**

- **AMATEUR (FRESH NEW FACE + NEW FACE)**
- **PRO (HARD, OLD SCHOOL, FLOW, THEATRE, SHOW GROUP, EROTIC)**

### **RULES:**

- Minimum number of athletes per category is three people
- The routine length is 30 seconds, if it lasts less or more the athlete will be disqualified
- The winner of each round will compete against the next athlete of the same category who is drawn by the head judge
- The winner of each category is only one person
  
- The athlete can choose to perform on both poles
- Poles will be cleaned between each round
- Music will be chosen by the organizer
- There will not be an evaluation criteria sheet
- The signed document of the general rules applies to the Exotic Battle

## **GENERAL RULES:**

### **The participant must meet the following requirements:**

1. Meet the requirements set by the organization, know the rules and follow them, the signature at the bottom of the competition registration document will be an implicit confirmation.
2. Be over 18 years old; if on the competition days the competitor has not already turned 18, he/she will provide a written authorization signed by one of the parents of whom will provide a copy of identity document.
3. Declare to be in good health and able to sustain a competition routine, but in case of health issues occurring on the same day, the athlete can suspend the performance at any time. In case of pregnancy it's necessary to present a medical certificate that allows to perform sport activities. It's Not allowed to perform beyond the third month of pregnancy.
4. Keep a sportsmanlike behaviour during the whole competition day.
5. Be punctual at check-in and when called on stage. A delay of more than 30 seconds from the request to be present on stage will be sanctioned with a penalty of -5 points
6. Not drink alcohol or take any drugs, before or during the competition; any violation of this rules will lead to the immediate disqualification of the athlete.
7. Respect for all the people, objects and rules that are at the competition. No sportsmanlike behaviour will not be tolerate.
8. Only the competitors and the staff have access to the reserved areas for the athletes, and they have to be left properly.
9. Any kind of cream or oil on skin are strictly forbidden.
10. Any kind of inflammable materials are strictly forbideen.
11. It is not possible to bring real weapons on the whole competition area.
12. No kind of animal, alive or embalmed, is allowed on stage.
13. All participants must be available to be photographed video filmed at any moment during the competition period and authorize the organization to use their image.
14. Respect and accept jury decision. In case of disagreement, the athlete and people around him/her, have to mantain a civil and respectful behaviour during and after the event.
15. Any disrespectful or defamatory behaviour live or on social media against sponsors, other participants, the competition, the federation or the organization, will be sanctioned with lifelong disqualification from this competition and from others headed by the same organizers.
16. Any situation that is not present in the regulation will be evaluated and adapted by the organisation.
17. The competitor declares and signs to be in good health and exonerate the organisation from all civil and criminal liability relating to and consequent to the verification of the aforementioned suitability.

**EVALUATION CRITERIA:****SCORE: 0-30**

	<b>SCORE</b>	<b>REMARKS</b>
<b>IMAGE:</b>		
<b>CHOREOGRAPHY:</b>		
<b>TECHNICAL EXECUTION:</b>		
<b>FLOORWORK:</b>		
<b>ACTING SKILLS:</b>		
<b>OVERALL IMPRESSION:</b>		
<b>CATEGORY:</b>		
<b>PENALTIES:</b>		
<b>TOTAL:</b>	/210	

## EVALUATION CRITERIA EXPLANATION:

**IMAGE (0 – 30):** the selfcare of the athlete's image, the complexity of the stage costume, the make-up and the hairstyle are judged in this section.

The accuracy in the coherence between costume and theme of the performance, and the choice of the props and their arrangements.

**CHOREOGRAPHY (0 – 30):** assessment of the originality of the combination between flexibility, strenght, dinamic and spin on static pole tricks, but also the dance technique, body lines, mastery of the technique of isolation, speed control,dance vibe, ecc..

Originality of the idea, complexity of choreographic vocabulary and use of the stage.

ATTENTION: advanced tricks performed in an amateur category involves a change of category with a penalty of -15 points.

**TECHNICAL EXECUTION (0 – 30):** this judgment requires the maximum cleanliness of the movements both in position and during a transition.

**FLOORWORK (0 – 30):** this judging criterion evaluates the quality of the work done on the ground without contact with the pole, the fluidity of the transitions and the floorwork tricks difficulty and dance complexity.

**ACTING SKILLS (0 – 30):** this criterion evaluates the ability to influence the audience with emotions and interact with them through facial expression, gestures, body plasticity and energy. The ability to show emotions inherent in the idea of performance and musical accompaniment through choreography.

**OVERALL IMPRESSION (0 – 30):** it's the subjective impression from the judge, who evaluates the choreography as a whole.

**CATEGORY (0 – 30):** coherence of the choreography with the chosen category.

- **FRESH NEW FACE:** musicality and expressiveness of the body.
- **NEW FACE:** musicality and showmanship.
- **SHOW GROUP:** interaction between the athletes, coordination, syncro and originality of the tricks and musicality.
- **EXOTIC THEATRE:** originality of the history and scenography, theatrical component and musicality.
- **OLD SCHOOL:** sensuality of body plastic, gestures, musicality and passion.
- **FLOW:** use of the stage, complexity of the dance, leg work, flow technique in pole and floor tricks, musicality.
- **HARD:** originality and difficulty of the tricks and transitions on the pole and floor.
- **EROTIC:** originality, musicality, sensuality, showmanship.

## **PENALTIES:**

- 5 Non-compliance with the rules written in the regulation.
- 5 Singing if it's not part of the choreography.
- 15 Leaving the stage before the end of the routine.
- 15 Showing up late after being called on stage (maximum 60sec. delay).
- 10 Fall or slip.
- 10 Non-compliance with the length of the music.
- 10 Cleaning hands during the show.
- 15 Presence of brands on costume or on the scenography.
- 15 Accidental nudity or costume malfunction.
- 10 For each prop who performs at the pole

The athlete has the right to be judged correctly and impartially and in accordance with the rules and regulations of the competition.

All the athletes will receive their judging sheets at least 30 days after the competition.

The results will be published on social media at the least seven days after the end of the competition.

The judges and the organizers reserve the right, at any time, to disqualify a competitor in case of noncompliance with the rules during the competition.

The judges are not required to explain the scores they awarded to the athletes.

Before and during the competition the participants cannot be in contact with the members of the jury.

The performance can be repeated only if technical issues not dependant on the athlete occur.

**The decision of the judges is final and determining.**

## PHOTO AND VIDEO:

Multimedia contents Price list							
For any information you can contact us on: <a href="https://velibormitrovic.com/services.html">https://velibormitrovic.com/services.html</a>							
<b>Choice instructions</b>	Video edited for IG post (2 cam.)		<b>5B</b> (45+15=60)	10 photos for IG stories		<b>10B</b> (35+10=45)	
	<b>Video</b>						
	<b>Main camera</b>		<b>Two cameras</b>		<b>Three cameras</b>		
No edit (cam. files)	CHF 24.00	<b>1</b>	CHF 34.00	<b>4</b>	On request	<b>4</b>	
Editing 1	CHF 30.00	<b>2</b>	CHF 45.00	<b>5</b>	On request	<b>5</b>	
Editing 2	CHF 35.00	<b>3</b>	CHF 55.00	<b>6</b>	On request	<b>6</b>	
Editing 1: Mixing if 2 or more cameras, Zoom and composition with stage Audio.							
Editing 2: Syncro, Mixing, Zoom and composition with performer's MP3 Audio.							
Custom editing: on request							
Min. video quality: 1080p for 16:9/1:1, 720p for 9:16.							
<b>Aspect ratio video</b>	<b>16:9 (1920x1080)</b>		<b>1:1 (1080x1080)</b>		<b>9:16 (1080x1920)</b>		
<b>Surcharge</b>	Default included	<b>A</b>	CHF 15.00	<b>B</b>	CHF 50.00	<b>C</b>	
<b>Photos</b>							
Variant 1: 1-10 photos chosen by the performer with basic corrections (lighting/exposure/framing)					CHF 35.00	<b>10</b>	
Variant 2: 10-20 photos chosen by the performer with basic corrections (lighting/exposure/framing)					CHF 45.00	<b>11</b>	
Variant 3: All photos (20-50pcs) without basic corrections (lighting/exposure/framing)					CHF 50.00	<b>12</b>	
Variant 4: All photos (20-50pcs) with basic corrections (lighting/exposure/framing)					CHF 100.00	<b>13</b>	
Photo retouching: 15 euros per photo chosen by the performer							
<b>Aspect ratio photo</b>	<b>16:9</b>		<b>1:1</b>		<b>*9:16</b>		
<b>Surcharge for each photo</b>	included	<b>A</b>	CHF 1.00	<b>B</b>	CHF 10.00	<b>C</b>	
<b>Important information:</b>							
Availability are guaranteed only if booked before competition date.							
A surcharge of 20% applies for bookings or payments after competition date.							
The photos and videos could be posted on YouTube or other social networking platforms.							
Further details on the general regulation.							
Mandatory registration and booking before the competition date on: <a href="https://velibormitrovic.com/services.html">https://velibormitrovic.com/services.html</a>							
*Option not applicable to all photos.							

### General Regulations for SUPPLY OF MULTIMEDIA MATERIAL

1. **Subject of the Agreement:** The Supplier shall provide the Customer with videographic and photographic material according to the terms and specifications agreed upon between the parties.
2. **Quality and Content:** The Supplier commits to providing high-quality videographic and photographic material. The Customer acknowledges that the provided images and videos are subject to technical, creative, and environmental limitations inherent to the shooting process, and accepts such variations in line with the nature of the material. The quality and type of content are up to a maximum of 4K and a minimum of FullHD 16:9 for video content, and 1920 x 1080 pixels for photographs.
3. **Usage Rights:** The Supplier declares and warrants that they possess all necessary rights, including those related to copyright and intellectual property, to enable the Customer to use the provided material for the agreed-upon purposes. The Customer shall receive non-exclusive and non-transferable rights to use the material for their own commercial or promotional purposes.
4. **Limited Supplier Liability:** The Supplier shall not be liable for any direct, indirect, special, or consequential damages arising from the use of the provided material, including but not limited to economic damages, loss of profits, business interruption, or data loss. The Customer acknowledges that the provided material is offered "as is" without any warranties, expressed or implied.
5. **Indemnification:** The Customer agrees to indemnify and hold the Supplier harmless from any liability, claims, legal actions, expenses, or losses arising from the use of the provided material.
6. **Force Majeure:** Neither party shall be held responsible for failures or delays in fulfilling their obligations due to events beyond their reasonable control, including but not limited to natural disasters, wars, acts of terrorism, strikes, communication disruptions, or technological failures.
7. **Amendments and Termination:** Any amendment or termination of this agreement must be agreed upon in writing by both parties.
8. **Applicable Law:** This agreement shall be governed and interpreted according to the laws of the competent jurisdiction of Lugano, excluding any conflicts of legal provisions.
9. **Delivery Times:** The Supplier commits to providing multimedia material within 1 to 60 days from the date of purchase. Not applicable in case of missing material. **Disclaimer for Disturbances Caused to Third Parties during Professional Photography Shoots**
10. **Subject of the Agreement:** The Photographer will be tasked with conducting professional photography shoots on behalf of the Customer, according to the agreed-upon specifications.
11. **Compliance with Regulations and Privacy:** The Photographer commits to conducting the shoots in compliance with current laws, regulations, and standards, respecting the privacy of uninvolved individuals. However, the Customer acknowledges that in certain contexts, it may not be possible to avoid accidental involvement of third parties.
12. **Disturbances Caused by Third Parties:** The Customer acknowledges that interactions or presence of third parties not directly involved in the photography activities might occur during the shoots. The Customer agrees to be responsible for managing such situations and undertakes reasonable actions to minimize any disturbance or discomfort caused to or by third parties, and to prevent unfair competition from other users of video and photo equipment (cameras of any type) other than cell phones.
13. **Limited Photographer Liability:** The Photographer shall not be held responsible for any disturbances, discomfort, offenses, or claims made by third parties during photography shoots.

The Customer acknowledges that the Photographer is performing their work following best professional practices but cannot guarantee the absence of unforeseen situations or possible reactions from third parties.

14. **Indemnification:** The Customer agrees to indemnify and hold the Photographer harmless from any liability, claims, legal actions, expenses, or losses arising from disturbances or claims made by third parties during or following photography shoots.
15. **Force Majeure:** Neither party shall be held responsible for failures or delays in fulfilling their obligations due to events beyond their reasonable control, including but not limited to natural disasters, wars, acts of terrorism, strikes, communication disruptions, or technological failures.
16. **Amendments and Termination:** Any amendment or termination of this agreement must be agreed upon in writing by both parties.
17. **Right to Price Variation:** The Supplier reserves the right to make changes to the prices of products/services offered at any time, in case unforeseen circumstances or external factors significantly affect production costs, supply, or service performance.
18. **Availability:** The material will be available for preview within 10 days after the event on the indicated platform. All purchasable material will be published on the respective platform.
19. **Contact:** In any case, interested customers must leave their contact details to be notified once the material is published on the platform. Provide contact information to [mail@velibormitrovic.com](mailto:mail@velibormitrovic.com).
20. **Payment:** All material will be provided only after the full payment is made. Transaction fees are the responsibility of the customer.

## **VELIBOR MITROVIC CONTACTS:**

- **WhatsApp: +41 76 200 19 69**
- **Mail: [exogenmedia@gmail.com](mailto:exogenmedia@gmail.com)**



# EXOTIC GENERATION 2025

## APPLICATION FORM

NAME: \_\_\_\_\_

SURNAME: \_\_\_\_\_

STAGE NAME: \_\_\_\_\_

use the stage name during the competition and for social media: yes\_\_\_\_ no\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

NATIONALITY: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

PERSONAL INSURANCE DETAILS (if you have one):  
\_\_\_\_\_

EXOTIC POLE DANCE EXPERIENCE:

(which competitions did you participate in, what place did you get?):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

COACH NAME: \_\_\_\_\_

CATEGORY: \_\_\_\_\_

THEATRE ONLY: APPROXIMATELY TIME FOR STAGE SET UP: \_\_\_\_\_

BATTLE CATEGORY: AMATEUR: \_\_\_\_\_ PRO: \_\_\_\_\_

VIDEO ENTRY LINK: \_\_\_\_\_

ROUTINE STARTS: on stage \_\_\_\_\_ on the pole \_\_\_\_\_ backstage \_\_\_\_\_

DATE, SIGNATURE:  
\_\_\_\_\_

By signing this application form, you automatically accept all provisions of the regulation.  
Forms not filled in correctly will not be taken into consideration.

UNLEASH  
YOUR  
CREATIVITY